Ohio

Adult Mobile Crisis (AMC) &
Mobile Response and Stabilization Services (MRSS)

988 SUICIDE & CRISIS LIFELINE

Provides free immediate help for those experiencing mental, emotional or behavioral distress or trauma.

CISM

Critical Incident Stress Management

1-833-779-2476

Support Services After a Tragedy

- ✓ Available 24/7
- ✓ Available to public & private organizations
- ✓ Free services provided are strictly confidential

SUPPORT SERVICES

Family Advocacy Center, Port Clinton
419-301-0225

Harbor- Parent Peer Support
www.4sosw.org

Let's Get Real, Norwalk
567-743-7130

NAMI Northwest, Fremont
419-334-8021

Oak House, Port Clinton
419-734-4417

MENTAL HEALTH HOUSING

Birchard Place, Fremont
567-280-4000

Terry Russell Home, Fostoria
419-701-7077

The Cottage, Tiffin
567-220-6306

Wentz, Tiffin
567-220-6306

TRANSITIONAL HOUSING

(Women and Children)

Miriam House, Norwalk
419-668-3073

Morrison House, Tiffin
513-967-4139

Polly's Place, Port Clinton
419-341-2828

RECOVERY HOUSING

Light House Sober Living, Port Clinton
(Male and Female)
419-967-9550

Lotus Recovery House, Tiffin *(Female only)*
419-934-3540

Men's House of Hope, Willard *(Male only)*
567-743-7199

Women's House of Hope, Norwalk *(Female only)*
567-743-7199

Phoenix House, Tiffin *(Male only)*
419-934-3540

NORTH CENTRAL
BEHAVIORAL HEALTH BOARD
SENECA • HURON • OTTAWA • SANDUSKY • WYANDOT

Behavioral Health Services

RESOURCE GUIDE

419-448-0640

www.ncbhb.org

OUTPATIENT TREATMENT SERVICES

Access Wellness, Tiffin
419-314-0231

Bayshore Counseling Services, Port Clinton
419-734-5535 *(Sliding fee scale available)*

Beacon Behavioral Health Services, Fremont
567-201-2048

Clear Minds Coaching & Counseling, Norwalk
567-424-6003

Community Health Services, Fremont
419-334-3869

Family Life Counseling & Psychiatric Services, Norwalk & Willard
567-743-7199 *(Sliding fee scale available)*

Firelands Counseling and Recovery Services, *(Sliding fee scale available)*

Bellevue	419-483-6516
Fremont	419-332-5524
Norwalk	419-663-3737
Port Clinton	419-734-2942
Tiffin	419-448-9440

Great Lakes Recovery Center, Fremont
567-280-4531 *Ext: 1504*

Harbor, Telehealth
419-475-4449 *(Sliding fee scale available)*

Health Partners of Western Ohio, Tiffin
419-455-8140

Lutheran Social Services

Fremont	419-334-3431
Tiffin	567-220-6495

ProMedica Physicians Behavioral Health, Fremont
419-334-6619

Rigel Recovery Services, *(Adults only)*
(Sliding fee scale available)

Norwalk	567-424-6412
Tiffin	567-220-7018

Talbot Health Services, Clyde & Fostoria
1-833-762-1013

TASC: Drug Testing and Case Management
Fremont
419-334-4644

Unity Counseling
Fremont, Genoa, Port Clinton & Woodville
419-960-5559

Wyandot Counseling Associates, Upper Sandusky
419-294-1212 *(Sliding fee scale available)*

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DETOX/INPATIENT TREATMENT SERVICES

Arrowhead Behavioral Health, Maumee
419-891-9333

Blanchard Valley, Findlay
567-429-7837

Erie County Community Health Center, Sandusky
419-624-3353

Legends Recovery Center of Ohio, Green Springs
(844) 534-3638

Sojourn at Seneca Senior Behavioral Health
Tiffin
567-207-2230

St. Ritas, Lima
855-438-5681

Surest Path

Bloomville	419-983-4100
Fremont	567-280-4531

Team Recovery, Toledo
1-844-561-5433

*Updated 07/01/26